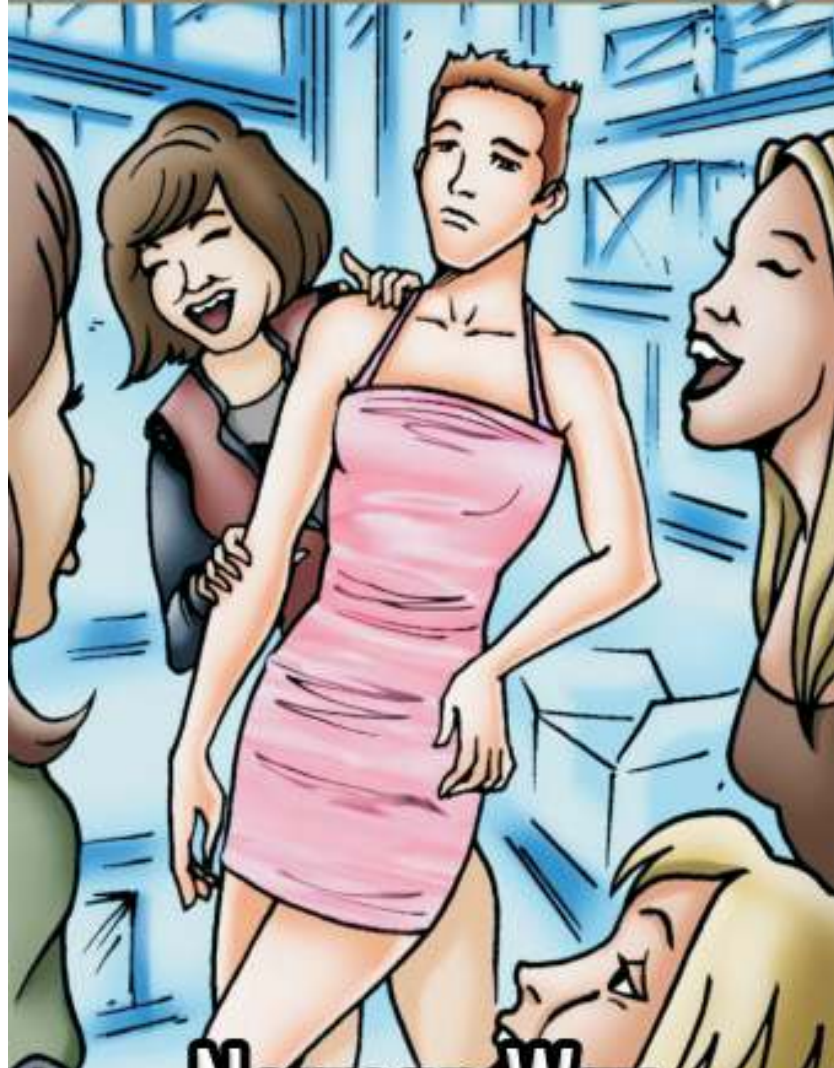


# The Blackstone Academy



**Norman Way**

A "Her TV" Novel



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# THE BLACKSTONE ACADEMY

**By Norman Way**

I stood at the window and watched the limo come up the driveway. It came to a stop at the front entrance. The uniformed driver got out and walked around to the passenger side. He opened the rear door.

A tall woman with shoulder-length black hair got out. She wore a black pantsuit, black flat dress shoes and, in addition to her black purse, she carried a black leather briefcase.

She looked around briefly, then walked up the steps with an air of confidence and authority as the driver parked the limo in the visitor parking lot.

Andrea Blackstone was seated at her desk finalizing some paperwork. I turned from the window, walked out of the office and down the hall to meet our guest.

The only sound in the building was my high heels clicking on the hard floor. A sound I never tired of

hearing in my forty years at the academy. It was a sound no real sissy ever got tired of hearing.

I walked up to her as she came through the double doors and extended my right arm with my hand dangling effeminately at the wrist as I had been taught so many years ago. She took my hand in hers and gave it a firm squeeze as I introduced myself.

“Good morning Ms Meyer, I am Sissy Vicky, Ms Blackstone’s administrative assistant. Welcome to the Blackstone Academy. Did you have a pleasant trip?”

She examined my pink nails as she released my hand, then glanced at the lacy top of my pink camisole, clearly visible through my sheer pink chiffon sissy blouse, as she answered me in a firm and authoritative voice.

“Yes, it was very nice, thank you,” she answered.

“Please follow me. Ms Blackstone is waiting for you in her office,”

I turned and led her back to the main office. At Ms Blackstone’s desk I stepped aside and introduced Ms Meyer to my boss. They shook hands and we all sat down.

“I’m pleased to welcome you here, Ellen. You will find this business to be a very lucrative endeavor.

“I have been doing this for over forty years and it is time to turn the reins over to someone else. Sissy Vicky has been with me since the beginning and she wants to retire too.

“The prospectus you received in the mail gave you an accurate description of the buildings, equipment and grounds. We have a very discrete location here. We are far enough away from the city to enjoy the peace, quiet and serenity of the country yet close enough to make use of facilities in town that we do not have here.

“Through my dominatrix business I noticed a number of males were not just interested in role playing or cross-dressing games but genuinely seeking the opportunity to be employed for life as a feminized, sissified male maid.

“In addition, through a number of contacts, I became aware of an underground demand for dependable, hard-working, well-trained, loyal, and fully feminized male maids. I began Blackstone Academy to fill this demand.

“Within a year I had a duplex, half of which was my maid training facility and the other half my home.

“I trained about a dozen maids that first year, placed all of them within a week of finishing their training, and my business has grown ever since. Our growth has not come as a surprise to me at all.

“Despite the size of this facility there is a two-year waiting list for one of our graduates.

“We now have an eight-week course, training ten maids at a time. That’s six classes a year with about a week between classes and two weeks over the Christmas-New Year holidays.

“Our clients are mostly here in the states but we have placed maids in Europe and Canada as well.

“We have never had a single complaint nor has any maid ever left the training program once they have started or left their employer once they have graduated and been assigned. I think that record speaks for itself.”

“How do your candidates find out about you and your program?” asked Ms Meyer.

“Early on I knew that my success would be entirely dependent upon my ability to select the right individuals as well as provide an intensive training program if I was going to succeed.

“Obviously not all those seeking this type of a career are located in one city or one state so I set up a nationwide network of what I call ‘spotters.’ They are high school teachers and, of course, all women.

“Remember when you were in high school there was at least one boy who didn’t quite fit in?”

“These are the boys who were physically smaller than the other boys. They were not necessarily effeminate but had feminine features like soft, nearly hair-free skin, wispy hair, smaller hands and feet.

“They are the boys that when a girl looks at them, she imagines him in a dress, makeup and high heels as opposed to when the girl sees an athlete and imagines herself in his muscular arms at the prom.

“In addition, these boys don’t have masculine interests like contact sports or cars. Some enjoy art, poetry and classical music. For the most part all are shy around girls.

“Traditionally they keep pretty much to themselves. Most of them are very bright and probably would have done well in whatever field they chose but are quite miserable in their own existence due in no small part to the teasing and bullying from the bigger boys.

“In a sense we are rescuing them from their own little hell and guaranteeing them a lifestyle that offers security and safety in exchange for their servitude.”

“If these boys are still in high school, that means they are still minors. How do you recruit them and not violate the law because they are all underage?” asked Ms Meyer.

“That is a bit tricky but in forty years it has never been a problem. The boys are approached near the end of their junior year. They are handed a brochure and, if interested, are invited to an interview which takes place in a meeting room at a local shopping mall or public library.

“The spotter explains the program after a promise of complete confidentiality. Since a promise is verbal and not really enforceable there is a chance we could be burned but so far not a single boy has gone to the authorities about us, even if they turned the opportunity down.

“Incidentally there have been about a dozen or so that have not accepted the program and over forty-plus years that’s pretty good.

“Once the boy agrees to this, he is still a minor. What happens then?” said Ms Meyer.

“The boys begin a rigorous program of exercise and diet. They are measured and weighed. Then every three months there is another meeting where they



are measured and weighed again to check their progress.

“Along with that they begin electrolysis and laser hair removal. Most of the boys are quite feminine and have little if any beard or body hair so by graduation they are pretty much hair free.

“Some have part-time jobs, full time over the summer, so we schedule their appointments as best we can during the summer and then through out their senior year.

“The locations are discreet and so is the staff. The parents just think they are out with their friends at the mall.”

“What happens as the boys get close to graduation?” was Ms Meyer’s next question.

“After the Christmas-New Years’ holiday break they are told not to get another haircut. Three months from graduation they let their nails grow. The rest depends on when their eighteenth birthday falls. Usually they are of age before they graduate.

“At eighteen they are given a time and place to be where the spotter picks them up and takes them to what we call a safe house.

“They are kept for a few days and then undergo facial feminization surgery, Adam’s apple reduction, castration, and, if necessary, cheekbone enhancement, lip enhancement and a fill-in between their lower lip and chin, plus of course a booster shot of female hormones.

“They are then given a feminine name, usually the closest derivative of their male name since they

are accustomed to answering to that name. For example Donald becomes Donna, Allen becomes Alice, Sissy Vicki here used to be Victor, etc. Thereafter they are always addressed by that name, prefaced of course, by the title 'Sissy Maid'.

"After the post-operative period they get a follow up appointment at the clinic and another booster shot of hormones is given. Then a date is set for their entry into the next class."

"What happens when they are reported missing by their families?" asked Ms Meyer.

"Before leaving home for their appointment with the spotter, they leave a note stating they are going to go out and find their fortune, or they've joined the Army or whatever.

"When the parents do contact the police, the fact that they are now eighteen means they are adults and they can do whatever they want as opposed to being considered 'missing children' as they would if they were minors who have run away.

"The police can't do a thing except file a report. That keeps us in the clear. Essentially they have fallen off the earth, so to speak. Except for school records and family pictures they no longer exist."

"I see. They are sort of voluntary prisoners in servitude,"

"Exactly, except of course that there will be no escape from this prison,"

"Tell me about the training program once they arrive here."

“A bus arrives at the safe houses on a Sunday night and brings the candidates here for their orientation. Upon arrival they have only the clothes on their backs. From this point on there is no turning back.

“Everything is done here with military precision, from the time they arrive to the time they leave. They are assigned a room number and given an instruction sheet. They have forty-five minutes to comply with the instructions or everybody gets punished.

“On the second floor there are five small rooms on each side of the hallway and a laundry room at the end. Each room is about the size of a small motel room and has a study table, chair, a bed, a small lighted vanity with a supply of makeup and perfumed bath items as well as a treadmill and a stationery bike.

“Both the mileage counter on the treadmill and the odometer on the bike are sealed so we know whether or not the candidate has run, walked in heels, or pedaled the correct mileage each day.

“The bath contains pink towels, washcloths, a shower cap, toothbrush and toothpaste. The closet contains seven pairs of pink sweat pants, seven pink sweatshirts on the back of which in black letters are the words ‘sissy in training’. On the front is a white oval with their sissy name in black letters.

“In addition to that are seven pairs of pink cotton socks, one pair of pink running shoes, one pair of pink shower shoes, and seven pink satin athletic supports or, as we like to refer to them, ‘sissy straps’.

“On the table are their textbooks and school supplies. Everything our sissies need to begin their training.

“After forty-five minutes all the candidates are standing in front of their rooms, dressed in pink, made-up and smelling sissy sweet. They are holding a box with the clothes they were wearing when they arrived. The rooms are checked first to see nothing is left behind. Then the boxes are collected.

“All clothing is donated to a local thrift store, pictures, driver’s licenses and everything else they may have had is thrown away. They are now officially a non person undergoing sissy maid training.”

“Wow. I am impressed with the well organized way you do things as well as your excellent results,” exclaimed Ms Meyer.

“Next the sissies are given a light supper, told to do their nails, then go to bed.

“The training regime is done with military precision also. Candidates are awakened at six am with classical music over the room speaker. They immediately get dressed in their sweats and begin their morning exercise period.

“After a half-hour on the bike they switch off and run for a half-hour on the treadmill. Following a shower, they get dressed, apply blusher, lipstick and go down to the basement for breakfast.

“For this first week of classes they are issued a short, pink, pleated, cotton skirt, a sleeveless pink satin blouse, a pair of pink three inch-heel pumps, seven pair of pink, ruffled, brief style, satin panties, a pink garter belt, seven pair of pink seamed stockings,

a large pink satin hair bow and a dainty pink purse which they must carry at all times.

“In addition to their morning and evening exercises, they must walk a mile each morning and evening in those heels, the height of which will change each week, with the purse dangling from the crook of their left arm.

“They gather their study materials and at seven-thirty go down to the first floor classrooms. They break for lunch and supper, then another hour of exercise before their evening shower and some study time before turning in.

“There is no TV, radio, CD player, newspapers, magazines, etc. since they have no need to know anything about the outside world and must instead concentrate on their studies.”

“Tell me more about the curriculum here at Blackstone,” asked Ms Meyer

“As you saw in the brochure the basement has a small kitchen and dining area as well as the furnace & central air unit.

“The second floor houses the sissies and here on the first floor are our administrative offices at the end of the hall. Behind the office here is a small two-bedroom/two-bath apartment where Sissy Vicki and I live. The rooms on each side of the hall as you came in are a combination of classrooms and labs.

“Here at Blackstone we put the emphasis on two things: Femininity and service.

“It isn’t enough to just have a girly, feminine appearance. Our maids must be overly effeminate in

their mannerisms The way they walk, curtsy, sit, hold a cup and saucer as they sip from it, the way they hold a knife and fork as they eat, etc.

“The first week they study deportment.

“They develop a more mincing, effeminate walk.

“At the back of the classroom are different size chairs as well as several size mini stairs. They must learn the proper way to curtsy, how to sit down and get up, as well as walk up and down stairs in a very prim and ladylike fashion.

“They also must learn to modulate their voice if necessary, though most of them have a soft voice to begin. They get used to using the terms like ‘master’ or ‘madam’ when speaking to members of our staff as well as their new owners.

“The second week teaches them about makeup, skin and nail care, hair and wig care, as well as personal hygiene.

“It is important that a sissy be properly groomed and made-up at all times. We want them to reflect the importance of good health and good grooming by presenting not only a professional appearance when in uniform but a perfect example of femininity whether in uniform or not. Their three-inch heels are now exchanged for ones with four-inch heels.

“The third week deals with clothing and uniforms.

“Since sissies never go anywhere, there is no need to teach them about fashion, how to co-ordinate a wardrobe, etc.

“They are taught to sew in order to maintain their uniforms which are provided by their new masters

and are of several different types for the various jobs the maids will be performing. Their four-inch heels are replaced with five-inch heels.

“In addition they may make minor repairs to household items like curtains, doilies, as well as their masters’ clothes. They must be able to use an iron and know how to launder their own clothes as well as those of their masters.

“Knitting, needlepoint, and crocheting are also taught to keep their hands busy during idle off-duty hours. Sissies never wear jewelry so we don’t mention it here. They do get a lady’s watch on completion. Though they are always told what to do and when to do it, we do believe in punctuality.

“Just before graduation they have a final appointment at the beauty shop where they receive a manicure, pedicure, haircut and style, and have their ears pierced.

“The plugs are super-glued together and the four-inch length of gold links has a small letter ‘s’ at the end signifying they are now a sissy maid for life.

“The fourth week is about cooking and baking. They must wear a pink ruffled apron during this phase.

“While most of our graduates are cleaning and serving maids, they are still required to know the fundamentals of preparing food as well as cleaning up afterwards. Their five-inch heels are now replaced with six-inch skyscraper heels.

“All of our clients have well-equipped kitchens so we must cover everything from making salads to

cutting meat, poultry and fish to baking bread, pies, cakes and rolls as well as preserving the leftovers.

“Cleanliness is emphasized here too. The labs are more fun as they can cook or bake whatever they want and of course we all enjoy the end products!

“The sissies have now learned to be very careful as they walk or sit until they get adjusted to each week’s new heel height but they all adapt well to the increasing heel heights and are able to walk in the prescribed feminine manner with no trouble.”

Ms Meyer smiled for the first time since she had arrived.

“I’m beginning to think you do this as much for the enjoyment of feminizing boys as you do for profit,” she said.

“If you decide to purchase this academy, I strongly encourage you to retain the staff, except for Sissy Vicky who will be coming with me.

“All of us here at Blackstone and the people we contract with at the clinic, beauty shops, clothing stores, etc. are all women who are as much in love with the feminization and sissification process, as well as in achieving the desired result,” replied Andrea.

“How many other staff members are there and what are their backgrounds?” asked Ms Meyer.

“We have two full-time instructors. Both are women of course and have left their dominatrix business to come here. Another possibility, should you require it, would be women who have managed a beauty shop or a women’s apparel store.



“Just be certain they have an assertive personality and a great love for transforming these feminine boys into sissy maids. Remember too that we are not man-haters here, we are sissy lovers.

“This place is not about getting even for some past grudge with a man. It’s about filling the needs of our clients, wherever they may be.

“We must produce the most competent AND the most feminine sissy maids found anywhere. Our reputation rests on every sissy maid who leaves here. That’s why you must be careful when selecting a candidate or a replacement instructor should one decide to leave.

“The other two staff members are a cook and a cook’s helper. They order the supplies, plan and cook the meals. Again they are both women. The current cook retired from a local hotel and her helper is her live-in girlfriend. All other work is contracted out.

“We have a maintenance company taking care of the lawn, trees and shrubs as well as snow removal during the winter.

“During the week between classes the floors and windows are done. In September the heating plant and central air unit is checked.

“This building is well-built and our utility costs are surprisingly low, as you will see when you examine our bills. This, in combination with our small staff, gives you a very good profit and a short payback time on your financing of the purchase.”

“Again I must tell you how impressive this place really is. I am more than moderately surprised.

Please continue with your explanation of the training,” said Ms Meyer.

“The fifth week deals with the cleaning chores. How to vacuum the carpets, dusting, window and carpet cleaning, scrubbing floors, walls, woodwork, furniture upholstery, sinks, bath and toilets, etc.

“The use of the proper equipment and the proper chemicals for each job is very important. We also review laundry and dishwashing techniques covered earlier.

“The sixth week, THE most important part of the training, is about serving. Keeping one’s balance in six-inch heel pumps while holding a tray of food or drinks and moving around a table can be quite a challenge so our maids get plenty of practice.

“Serving instructions begin with the proper way to set the table for a variety of functions. It may be for an afternoon tea party on the patio, or a formal dinner party in the dining room.

“The positioning of the plates, cups and saucers, silverware, wine and water glasses, etc. is of paramount importance. They must also learn the proper way a sissy serving maid approaches the master or guest and inquires of their needs.

“They learn how to carry the serving tray, how to pour beverages into cups or glasses without spilling a drop.

“We also have them practice the obligatory curtsy when entering or leaving the dining area, or when they approach a guest or master when serving in a crowded room.

“The seventh week is when they get their practical training.

“I have numerous business contacts in the area here who are only too glad to have our sissy maids come and serve at their parties, afternoon lunches or just a gathering of their female friends. Of course the maids get plenty of practice cleaning their homes as well.

“Not having to pay for servants or to have your house cleaned is a nice treat for these women and it gives our candidates a chance to put what they have learned into use under actual conditions.

“They wear their pink sweat togs and sneakers to the cleaning sessions and their pink miniskirts and heels to the serving sessions since they do not get their uniforms until they arrive at the client’s home.

“The eighth week begins with all the candidates being measured for their uniforms. All of them have lost some weight and the hormones have taken their effect.

“We are supplied an extra strength formula of estrogen by my friends in the pharmaceutical business and it produces excellent results in about half the time as well as making the sissies quite docile and submissive.

“By this time most of them should be wearing a bra but they won’t get them until they arrive at their new home.

“The rest of Monday and Tuesday is spent reviewing the course lessons. Exams are given on Wednesday, two in the morning and two in the af-

ternoon. It takes about an hour for each exam and an hour between exams.

“So far none of our candidates have ever done poorly on these tests, let alone fail one. No practical tests are given since they get enough training and practice during the course. Thursday they get a last trip to the beauty salon to get their hair and nails done.

“An electrolysis tech is on hand to remove any remaining facial hairs that may have cropped up and also to make sure their eyebrows have been thinned enough and have a defined feminine arch.

“When they arrive back here they have supper and are put to bed for the final time.

“Friday morning after breakfast they are dressed in a pink pantsuit and pink flats. Their makeup case, hygiene items, pink sneakers and socks are placed in a pink cardboard suitcase. They are the only things they take with them. Everything else is turned in to the academy.

“The limos arrive around ten or so and take them to the airport where they fly to their new home. Another limo meets them at their destination airport and they are taken to their new residence.

“On some of the more elaborate estates the maids have fully furnished separate quarters; most however have a furnished queen-size bedroom and full bath in the masters house.”

“You mentioned uniforms are furnished by the client?” asked Ms Meyer.

“Yes. We fax the measurements to the uniform company and then the uniforms are shipped directly

to the new residence. Foundation garments, lingerie, and their nightgowns are also shipped at this time from another supplier as are their custom-made leather pumps and boots.

“All sissy maids have four types of uniforms.

“The first is the Victorian type of which there are two types. The first style is a black long-sleeved floor-length sheath dress worn over a black longline bra and girdle, black stockings, a floor-length black slip and black knee-high spike heel boots with four-inch heels. A white maid’s cap and matching floor-length ruffled apron complete the ensemble.

“The second style is a black long-sleeved floor-length A-line dress worn over a black longline bra and panty girdle with black pantyhose and a black floor-length petti-slip to flair out the skirt of the dress. The same black boots are worn but the apron is broader to cover the larger skirt area.

“The second type is called Modern Maid and has two styles as well.

“The first style is a black short or long-sleeved sheath dress with a hemline just above the knee worn over a black longline bra and girdle with sheer or seamed stockings, a black slip and black leather pumps with four-inch heels. The matching maid’s cap and ruffled apron are white.

“The second style is a black short- or long-sleeved A-line dress with a similar hemline and worn over a black longline bra and panty girdle with sheer or seamed pantyhose and a black, shorter petti-slip to flare out the skirt of the dress. Four-inch heel black pumps are worn with this

also as well as a white cap and an apron with a wider front. Both Modern Maid dresses may also use white foundation garments and a white slip or petti-slip.

“The third type are serving dresses and have two styles as well.

“The first is the traditional French Maid minidress.

“It’s a black or pastel, satin or taffeta, puff sleeve minidress worn over a black or pastel bra and brief style ruffled panties, with a black or pastel garter belt, and either fishnet, seamed, or sheer stockings and four-inch heel or higher black or pastel leather pumps.

“Two, preferably three, short, white, or pastel petticoats are worn to flare the skirt out. In addition to the ruffled maid’s cap, a ruffled choker, ruffled wristlets or wrist-length or longer gloves can sometimes be used.

“The second is the same basic dress except in pink satin or taffeta and is worn over a pink bra, pink ruffled panties, a pink garter belt, pink seamed or sheer stockings and four-inch or higher heel pink leather pumps. The maid’s cap, choker, wristlets and gloves may be pink or white.

“Again, these last two dresses usually require at least two but preferably three short petticoats to properly flare out the skirt of the minidress.

“Remember multiple petticoats make the skirt of the minidresses bounce when the sissy walks in heels and of course they make the short skirt flare up when the sissy bends over to reveal the ruffles on the back of his panties which of course his owner, their guests and all dominant women enjoy seeing.